

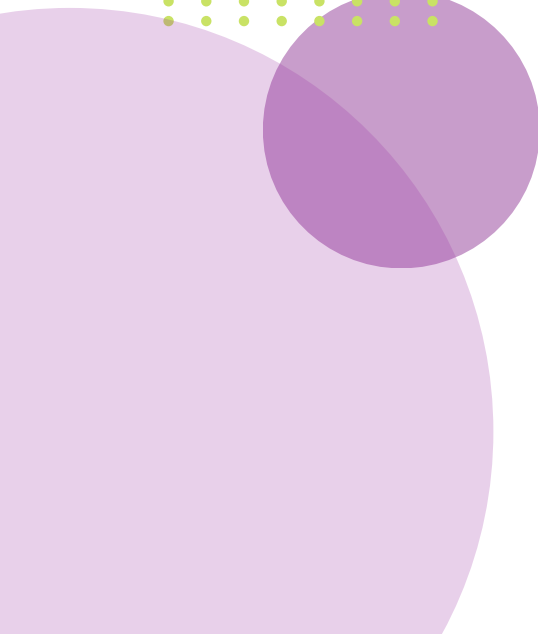


Friends
for Youth

ANNUAL

REPORT

2022-2023





MISSION

Friends for Youth's mission is to empower underserved youth through mentorship and community relationships.

VISION

Our vision to provide every young person who needs a mentor with a mentor.

CORE VALUES

- Equity and social justice
- Community-centered collaboration
- Innovation & agility
- Individual & organizational Integrity
- Respectful, supportive relationships
- Responsive, high quality service



Friends for Youth
Board and Executive
Leadership



BOARD OF DIRECTORS



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SERVING SINCE 2022



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SERVING SINCE 2015



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TREASURER
SERVING SINCE 2020



CONNIE MAURER
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SERVING SINCE 2023



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SERVING SINCE 2023



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ADJUNCT BOARD
MEMBER SINCE 2021



STAFF

Our small team of 11, is a majority BIPOC team. Most of us come from immigrant families and are the first in our families to go to college. We come from the communities we serve. In a lot of ways, **we are these kids.**

ALL of us are passionate and mission-driven.



CECILIA CHU
EXECUTIVE DIRECTOR



MONICA MEJIA
DIRECTOR OF OPERATIONS



CHRISTINE AKHTAR
DIRECTOR OF DEVELOPMENT



MICHAEL SOLORIO
SR PARTNERSHIPS
COORDINATOR



RYAN CAMPAGNA
PARTNERSHIPS
COORDINATOR



JASMINE CARDENAS
SR GROUP PROGRAM
COORDINATOR



YAHNIAH CRESPIN
PROGRAM/RECRUITMENT
COORDINATOR



DAISY FERNANDEZ
PROGRAM ASSOCIATE



FANY VILLALOBOS
PROGRAM ASSOCIATE



BHAVYA JHA
PROGRAM ASSOCIATE



EUNICE NAVARRO
DEVELOPMENT
ASSOCIATE



1-TO-1 PROGRAM END OF YEAR OUTCOME EVALUATION

Since 1979, Friends for Youth has been the recognized gold standard for 1-to-1 mentoring, matching disenfranchised youth with a caring adult mentor. We continue to prioritize protecting our vulnerable youth populations and foster quality mentoring relationships that stand the test of time; many of our mentorships last for years, or will endure for a lifetime. We have made more than **3,000** matches to date with over **90%** completing the full one-year program (**33-67%** for similar programs) and an **100%** safety rating.

- **100%** of youth maintained or improved attendance at school
- **100%** of youth avoided the criminal justice system
- **100%** of youth avoided or decreased drug usage
- **91%** of youth report since meeting their mentor they have a more positive outlook on life
- **91%** of youth report that their mentor motivates them to do better in school



“THANK YOU FOR...”

“Thank you for everything you have done for me.”

“Thank you for teaching me how to be myself.”

“Thank you for being there for me
and for being a great mentor.”

1-to-1 Mentor Ryan
& Mentee Anthony

Read more Friendship Stories here →





GROUP PROGRAM

END OF YEAR OUTCOME EVALUATION

In 2016 we launched a school-based group program to address rising dropout rates for low-income, BIPOC 9th graders in our local communities. We set out to prove that if youth had at least one positive relationship at school -- they would stay engaged and remain in school. We have since expanded into 23 other Peninsula community sites. We see the immense need for connection from our students, who oftentimes feel isolated in their homes and school systems.

“I WOULD 100% RECOMMEND THIS PROGRAM.” MENTEE MIA

- 94% of our students would like to be a part of this program next school year.
- 85% of our students agree that they feel like they are a better person after participating in this program.
- 84% of our students say their mentors helped them find positive ways to deal with challenging issues and emotions.
- 80% of students feel more positive about life since meeting their mentors.
- 78% of students agree that their mentoring group supports each other.



“What did you like most about the Friends for Youth Group Mentoring Program”:

“We get to connect with the mentors and each other on deeper level.”

“I like that we talk about things that we’d otherwise have to learn on our own.”

“I liked how we were able to talk about anything without feeling judged.”

Group Mentoring at Sequoia High School 2022



SCAN ME

Hear from our mentees themselves →



Whole Health
for Youth



WHOLE HEALTH FOR YOUTH COLLABORATIVE IMPACT

Our Whole Health for Youth (WHY) Collaborative is a network of local organizations that envision a community where all youth and families have equitable access to mental health and wellness resources. This is WHY we came together in 2018 to build a vibrant network of support for North Fair Oaks, Redwood City, and surrounding communities.

WHY's **mission** is to improve mental health by providing accessible wellness programs, education, and resources to youth and those who support them. Our **collective vision** is that every youth in the Peninsula will have the support of a caring adult in their lives, a network of supportive adults who are knowledgeable about mental health and wellness and how to access resources, access to healthy after-school activities at least twice per week, opportunities to develop their social-emotional skills and, access to mental health services in a stigma-free community.

Whole Health for Youth
Collaborative Retreat

- **84%** of students feel happier/more positive since being in this program.
- **84%** of students feel that this program has helped them feel more supported and connected to people in their community.
- **77%** of students practice ways to take care of their wellbeing and emotions.
- **80%** of students have an adult outside of their family who they can count on for help.



304 YOUTH SERVED
428 PARENTS SERVED
60 STAFF SERVED
5,800+ COMMUNITY MEMBERS REACHED
600+ SERVED THROUGH COLLABORATIVE EVENTS



Our Pilot WHY Fellowship Program ↑



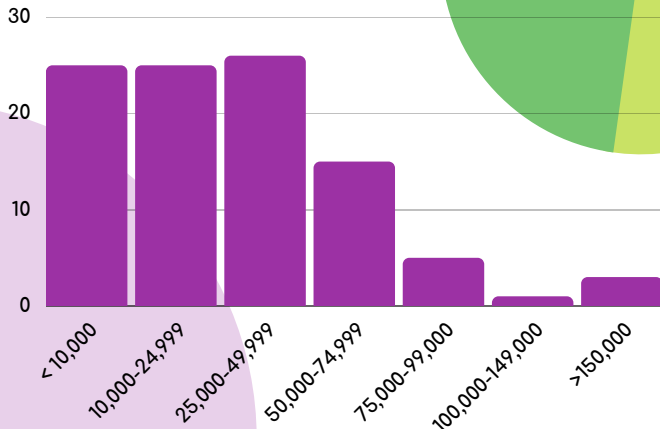
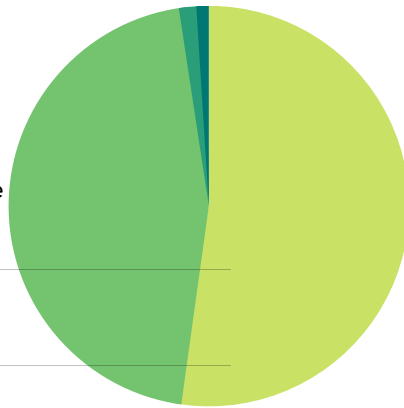
OUR MENTEES AND FAMILIES

We serve low-income to very low-income BIPOC families, with many single parent households (47%) from South San Francisco to San Jose. We partner closely with local schools and nonprofits, with intentional focus in higher need areas like South San Francisco, North Fair Oaks, Redwood City, East Palo Alto and Sunnyvale. 17% of our kids identify as LGBTQIA+ and 7% of our youth come from unconventional family structures like kinship and foster care.

Non Binary
1.4%

Female
45.4%

Male
52.2%



The median household income in the Bay Area is \$192,000 annually; under \$117,400 is considered low-income.

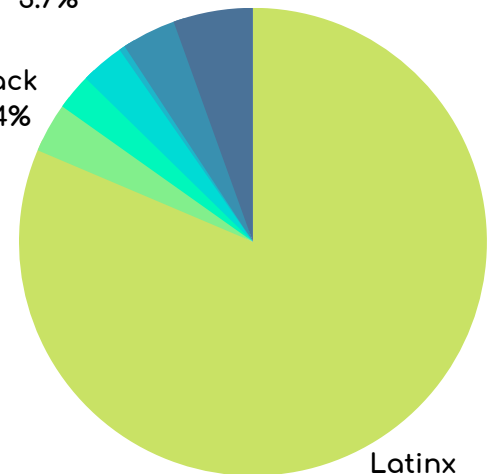


- 555 YOUTH SERVED**
- 2220 TOTAL INDIVIDUALS**
- 25 1-TO-1 MATCHES**
- 52 WAITLIST KIDS**
- 82 ALUMNI MENTEES**
- 396 STUDENTS IN GROUPS**
- 4 SCHOOL DISTRICTS**
- 12 SCHOOLS AND 7 SITES**

Multiracial
5.5%

Caucasian
3.7%

Black
3.4%



Latinx
81.4%



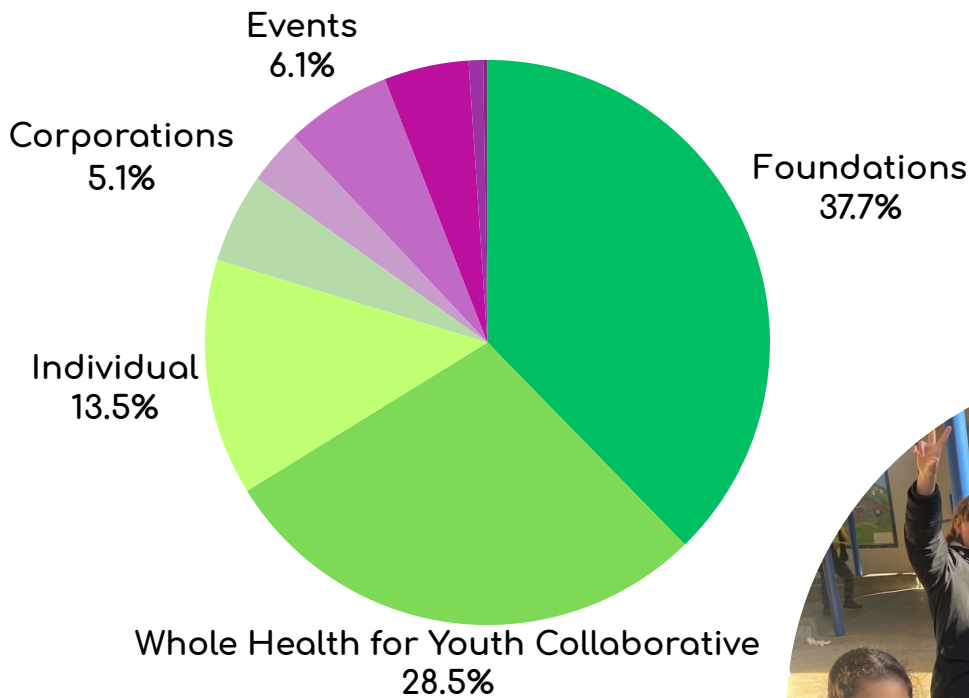


FINANCIALS

Because of the generous support from our community funders, our revenue was **\$1,166,500** an increase of **+6%** from our budget of \$1,104,500 for FY22.

In 2021 we passed a major milestone achieving over **\$1 million** in funding without federal grants for the first time in Friends for Youth's history. We have continued to maintain a million dollar budget.

82% of our funding goes directly to our programs.



2023 School-Based Group Program

**SPECIAL THANKS TO OUR TOP DONORS THIS PAST YEAR!
YOUR SUPPORT MEANS SO MUCH.**

Victoria Ann Michelis Fund

Donna Martin
Dennis Farrey
Mindy Rogers
John Del Favero
Kathleen Woo
Connie Maurer
David Birnbaum
Jim Prior
Anne Pert
Karen Wilmer
Sandeep Ashok
Chris Foley
Luan Nguyen
Kevin Mason
Henry Albert Plain
Theodore Wang
Joy Venosa
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Mark Johnson
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Keith & Lynn Virnoche
Michael Calbert
Roberta Coleman
Dylan Smith
Jack Morgan
Kurt Hemmingsen
John Savage
Erendida Cerrillo
Jane Jackson
Karen Woodell



SUPPORTERS

**Chan
Zuckerberg
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Altamont
CAPITAL PARTNERS

SVCF SILICON VALLEY COMMUNITY FOUNDATION

TIDAL
PARTNERS


Sand Hill Foundation


Sequoia
Healthcare
District
FOR YOUR HEALTH



the David &
Lucile **Packard**
FOUNDATION


THE
GROVE
FOUNDATION

Rotary  Menlo Park




Peninsula
HEALTH CARE DISTRICT
Building a Healthier Community

Hurlbut-Johnson
Charitable Trusts

 Leo M. Shortino
Family Foundation

 **Sutter
Health**

Atkinson FOUNDATION


Redwood City

TJX


pwc

 Sunnyvale

The
SOBRATO
Organization

RPX
RATIONAL PATENT®

**Charitable
Foundation** inc

Callison Foundation

slalom



"After decades of conducting surveys, analyzing data, and writing journal articles, Search Institute researchers and practitioners have arrived at a surprisingly simple conclusion: **nothing, nothing has more impact in the life of a child than positive relationships.**"
Developmental Assets creator Peter Benson

